Heart Face Scrubby

3 inches x 3 inches
A Knitting Pattern by Liz Chandler @PurlsAndPixels

4 MEDIUM

About this Pattern

These little heart scrubbies are super quick and easy to knit. This face scrubby pattern is a beginner to easy level knitting pattern and is great for knitters who understand knits and purls. They don't use much yarn, so they're great for using up leftover scrap yarn. I used Lily Sugar 'n Cream Yarn, but you can substitute any worsted weight cotton yarn into this pattern. Make a bunch for your own facial care routine. Or create a little gift basket with several scrubbies, a wide-mouth mason jar (for storing used scrubbies that need to be washed), some nice soap, and makeup remover or micellar water.

Heart Face Scrubby

Size: 3 inches x 3.5 inches (unwashed) & shrinks to 3 inches x 3 inches after machine washing in cold water

Gauge: : 19 stitches x 26 rows = 4 x 4 inches in stockinette stitch on No. 7 (4.5 mm) needles.

Yarn Suggestions: Use an absorbent yarn fiber for this project, preferably 100% cotton.

Materials

Knitting Needles
- 36-inch (91 cm) long US No. 7 (4.5 mm) circular needle or 9-inch (23 cm) long US No. 7 (4.55 mm) straight needles (or size needed to obtain gauge)

Yarn
- One 95-yard (2 ounce) skein of cotton worsted weight yarn* (shown in Lily Sugar 'n Cream 100% Cotton Yarn), in your choice of color
  - one scrubby uses about 9.5 yards (0.2 oz.)

Measuring tape
Tapestry needle

Weights estimated with Lily Sugar n' Cream yarn; other yarn weights may vary.

Abbreviations
- k = knit
- p = purl

(3 inches x 3.5 inches [unwashed] – shrinks to 3 inches x 3 inches after machine washing in cold water)

Knit flat, turning after each row.

Row 1: Cast on 17 stitches. Turn.

Rows 2 – 5: k 17. (17 stitches) Turn.

Row 6: k 3, p 11, k 3. (17 stitches) Turn.

Row 7: k 17. (17 stitches) Turn.

Row 8: k 3, p 5, k 1, p 5, k 3. (17 stitches) Turn.

Row 9: k 7, p 3, k 7. (17 stitches) Turn.

Row 10: k 3, p 3, k 5, p 3, k 3. (17 stitches) Turn.

Row 11: k 5, p 7, k 5. (17 stitches) Turn.

Row 12: k 3, p 1, k 9, p 1, k 3. (17 stitches) Turn.

Row 13: k 4, p 9, k 4. (17 stitches) Turn.

Row 14: k 3, p 1, k 4, p 1, k 4, p1, k 3. (17 stitches) Turn.

Row 15: k 4, p 4, k 1, p 4, k 4. (17 stitches) Turn.

Row 16: k 3, p 2, k 2, p 3, k 2, p 2, k 3. (17 stitches) Turn.

 Row 17: k 17. (17 stitches) Turn.

Row 18: k 3, p 11, k 3. (17 stitches) Turn.

Rows 19 – 22: k 17. (17 stitches) Turn.

Row 23: Bind off. Cut yarn, leaving an 8-inch tail, and pull through.

Weave in ends. Block if desired.

For this simple pattern you may or may not find a chart helpful. It's included in case you'd like it.

Row																	
23	b/o	b/o	b/o	b/o	b/o	b/o	b/o	b/o	b/o	b/o	b/o	b/o	b/o	b/o	b/o	b/o	b/o
22	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
21																	
20	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
19																	
18	–	–	–												–	–	–
17																	
16	–	–	–			–	–				–	–			–	–	–
15					–	–	–	–		–	–	–	–				
14	–	–	–		–	–	–			–	–	–			–	–	–
13					–	–	–	–	–	–	–	–	–				
12	–	–	–		–	–	–	–	–	–	–	–	–		–	–	–
11						–	–	–	–	–	–	–					
10	–	–	–					–	–	–	–	–			–	–	–
9								–	–	–							
8	–	–	–					–							–	–	–
7																	
6	–	–	–												–	–	–
5																	
4	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
3																	
2	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
1	c/o	c/o	c/o	c/o	c/o	c/o	c/o	c/o	c/o	c/o	c/o	c/o	c/o	c/o	c/o	c/o	c/o

You'll work from right to left on this chart, beginning at the bottom right corner.

Chart Key: (even numbered rows are the "wrong side")

☐ = knit on the right side or purl on the wrong side

– = purl on the right side or knit on the wrong side

c/o = cast on stitches

b/o = bind off stitches